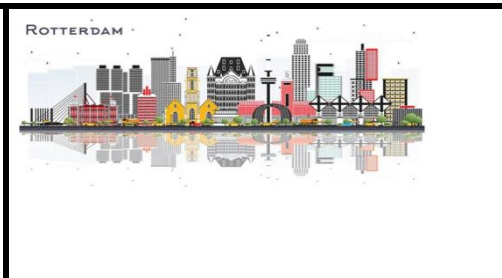







AFINet June 2023 Conference
University of Rotterdam
Museumpark 40, 3015 CX Rotterdam, Holland
(Updated on 14 June 23)
All abstracts available electronically on the conference website
<http://www.afinetwork.info/afinet-conference/2023-conference/programme>



Wednesday 14 June: Arrival and registration

15:00 – 18:00	Registration
16:00 - 18:00	Welcome Reception and Networking


Thursday 15 June

09.00-9.30	Welcome – in <u>the Atrium</u>; Chair: Gallus Bischof
	<ul style="list-style-type: none"> • Ron Bormans, President, Rotterdam University of Applied Science (RUAS) • Dr Gallus Bischof, AFINet Chair • Dorine van Namen, Conference Chair
9.30-10.30	<u>Keynote</u> - Children who have not yet reached adulthood as affected by parental substance use and/or gambling: experiences and interventions (including whole family approaches)
<u>Keynote: in the Atrium</u>	<p><i>30-minute Keynote; 15-minute Discussant; 15-minute audience discussion and questions.</i></p> <ul style="list-style-type: none"> • <u>Speaker:</u> Prof Michael Klein, Professor of Clinical Psychology and Addiction Research, Catholic University of North Rhine-Westphalia, Cologne, Germany • <u>Discussant:</u> Professor Anne Whittaker, Professor of Nursing, Faculty of Health Sciences and Sport, University of Stirling, Scotland • <u>Chair :</u> Professor Richard Velleman, England
10.30-10.35	Energiser
	
10.35-11.00	Coffee and Café Club
	<ul style="list-style-type: none"> • Networking


11.00-12.00	Member papers: three options		
Choose 1:	Children and families affected by parental substance use: in <u>the Atrium</u>	Needs and service experiences of adult Caregivers/Affected Family Members: in <u>MP.L00.223</u>	Parents of Young People with substance problems: in <u>MP.L00.454</u>
	<p>Chair: <i>Ruth McGovern</i></p> <ul style="list-style-type: none"> • A co-produced prioritisation of intervention ideas for young people whose parents use substances (<i>Cassey Muir, England, UK</i>) • Parenting Training Program Cap sur la famille: What is the Impact on Families with Parents with an Addiction (<i>Myriam Laventruie, Canada</i>) • Understanding the needs of school aged children living with parental substance use (<i>Hannah Todman, England UK</i>) 	<p>Chair: <i>Sheila Gilheany</i></p> <ul style="list-style-type: none"> • Synthesizing the global research on family caregiving for people who use drugs in rural settings: What we know and future directions (<i>Holly Mathias, Canada</i>) • Supporting Impacted family Members via Telehealth in New Zealand (<i>Pauline Stewart, New Zealand</i>) • The Needs of Carers Who Support People Living with Schizophrenia and a Substance Use Disorder (<i>Karine Gaudreault, Canada</i>) 	<p>Chair: <i>Robert Campbell</i></p> <ul style="list-style-type: none"> • Parents of individuals with an addiction – Results of the BEPAS study (<i>Anja Bischof, Germany</i>) • Support for parents of teenagers with problematic internet use – a qualitative analysis of the pilot programme SWITCH (<i>Ursula Buchner, Germany</i>)
12.00-13.00	Member papers continued: three options		
Choose 1:	Children and families affected by parental substance use: in <u>the Atrium</u>	Needs and service experiences of adult Caregivers/Affected Family Members: in <u>MP.L00.223</u>	Use of Media /Media Representation: in <u>MP.L00.454</u>
	<p>Chair: <i>Anne Whittaker</i></p> <ul style="list-style-type: none"> • Safeguarding children in substance exposed families by supporting the non-using caregiver; the Safe Space study (<i>Ruth McGovern, England</i>) • Identifying the needs of mothers in treatment services and their involvement in care proceedings (<i>Recorded by Martha Canfield, England</i>) • ‘Please see me’; Support of students with relatives with addiction problems: A Longitudinal Qualitative Study (<i>Dorine van Namen, Netherlands</i>) 	<p>Chair: <i>Anders Hammarberg</i></p> <ul style="list-style-type: none"> • Stories from family life: living with problematic substance use and recovery in Norway (<i>Sari Lindeman, Norway</i>) • Gender differences in psychosocial functioning in partners of individuals with addiction problems (<i>Gallus Bischof, Germany</i>) • The changing profile of affected family members in Ireland: Who is living with whom? (<i>Monica Whyte, Ireland</i>) 	<p>Chair: <i>Hannah Carver</i></p> <ul style="list-style-type: none"> • Canadian News Media Coverage on Harm Reduction Featuring Bereaved Mothers: A Mixed Methods Analysis (<i>Heather Morris & Petra Schulz, Canada</i>) • Reporting of Substance: A media toolkit for reporting on alcohol and drugs with dignity and respect (<i>Justina Murray & Marianne Marquardt, Scotland, UK</i>) • The use of media advocacy by families engaged in Canadian drug policy reform (<i>Petra Schulz, Canada</i>)



13.00- 14.15	Lunch and Café Club	
14.15-15.45	Member Symposium and Individual Papers: two options	
Choose 1:	Symposium: ‘Drug-related Death Bereavement – perspectives of bereaved family members and friends’ : in the Atrium	Implementation examples: in <u>MP.L00.223</u>
	<p>Chair: <i>Kristine B. Titlestad</i></p> <p>The Norwegian research project “Drug Death Bereavement and Recovery” (“The END project) is an extensive research project with five studies focusing on the drug-death bereaved and the professionals involved in follow-up. This symposium presents results from studies that explore and investigate bereaved perspectives.</p> <ul style="list-style-type: none"> • 1. The END project: this presentation will introduce the project, background, method, and design (<i>Kristine B. Titlestad, Norway</i>) • 2. The social health domain of people bereaved by a drug-related death and associations with professional help: a cross-sectional study (<i>Øyvind R. Kalsås, Norway</i>) • 3. Living with siblings’ substance use: bereaved siblings’ family stories (<i>Sari Lindeman, Norway</i>) • 4. Sounds of silence: how parents experience losing a child to a drug-related death (<i>Kristine B. Titlestad, Norway</i>) • 5. Grief and drug use: bereavement and help after drug-related death among people using drugs (<i>Lillian B. Selseng, Norway</i>) 	<p>Chair: <i>Jan Larkin</i></p> <ul style="list-style-type: none"> • Incorporating data on affected family members into a routine national health surveillance system: the integration journey, lessons learned and the value of such data (<i>Anne Marie Carew, Ireland</i>) • Utilization and experiences of support services by affected others of people with gambling problems (<i>Emmi Kauppila, Finland</i>) • My Family, My Rights! Developing a new rights-based programme for families affected by substance use (<i>Justina Murray & Marianna Marquardt, Scotland</i>) • From Impact to Action: Establishing and Developing an Organisation to Support Impacted Family Members (<i>Pauline Stewart, New Zealand</i>)
15.45-16.15	Tea and Café Club <ul style="list-style-type: none"> • Networking 	



16.15-17.15 Member Individual Papers: three options			
Choose 1:	Evaluation of Interventions: in <u>the Atrium</u>	Needs and service experiences of adult Caregivers/Affected Family Members: in: <u>MP.L00.223</u>	Affected Young People: in <u>MP.L00.454</u>
	<p>Chair: <i>Gallus Bischof</i></p> <ul style="list-style-type: none"> • A mixed-methods study of online peer-led support for family members of people living with addiction (<i>Rob Campbell, Australia</i>) • Community Reinforcement and Family Training for parents of young adults with hazardous substance use: a randomised controlled trial (<i>Ola Siljeholm, Sweden</i>) • How to reach the wide number of AFMs with Evidence-Based Information and Motivational Intervention in Low Income Countries (<i>Cassandra Borges Bortolon, Brazil</i>) 	<p>Chair: <i>Justina Murray</i></p> <ul style="list-style-type: none"> • Why is it so hard to share and ask for help? Exploratory study of family members' experience of telling others about their loved one's drug or alcohol problems, and in separately seeking help for themselves (<i>Charlie Lowe, England, UK</i>) • "Surrounding Family and Friends": A collaborative research process with Indigenous people in Quebec (<i>Plourde Chantal, Canada</i>) • Where do we go from here? Reflections on possibilities following the launching of a psychoeducational toolkit for families affected by addiction in Prince Albert, Saskatchewan, Canada (<i>Geoffrey Maina, Canada</i>) 	<p>Chair: <i>Richard Velleman</i></p> <ul style="list-style-type: none"> • Students with and without Relatives with Problematic Substance Use: Do they differ in Health, Substance Use and Study Success? (<i>Dorine van Namen, Netherlands</i>) • Young family members: the most hidden part of the Iceberg (<i>Alessandra Bassi, Italy</i>) • When the highest service threshold is the one on the home door (<i>Janne Takala & Tuuli Pitkänen, Finland</i>)
17.15-17.25	Summary of First Day and Adjourn		
17.25-18.25	<ul style="list-style-type: none"> • AFINet Trustees Meeting 		
19.00	Conference Dinner (optional, pay extra)		
	<ul style="list-style-type: none"> • Restaurant Bazar, Witte de Withstraat 16, 3012 BP Rotterdam 		

Friday 16 June

09.00-10.00	Member papers: three options		
Choose 1:	Impact on Affected Family Members: in <u>the Atrium</u>	Needs and service experiences of adult Caregivers/Affected Family Members: in: <u>MP.L00.223</u>	Evaluation of the 5-Step Method Intervention: in <u>MP.L00.454</u>
	<p>Chair: Hannah Carver</p> <ul style="list-style-type: none"> Impact of the Covid-19 pandemic on students with relatives with addiction problems: A Longitudinal Qualitative Study (<i>Dorine van Namen, Netherlands</i>) Fatalism, Mood Status and Burnout in the Relatives of Individuals with an addiction problem: the Mediating Role of Self-efficacy and Resilience (<i>Zeliha Yaman, Turkey</i>) Children exposed to parental substance use at risk of becoming NEET: a qualitative investigation (<i>Florien Meulewaeter, Belgium</i>) 	<p>Chair: Jim Orford</p> <ul style="list-style-type: none"> Affected family members seeking treatment in their own right: findings from a secondary analysis of existing Irish health surveillance data for 2010 to 2020 (<i>Cathy Kelleher, Ireland</i>) Similarities and disparities between needs for help expressed by CSOs and services usually offered in specialized addiction services (<i>Melissa Coté & Joel Tremblay, Canada</i>) We know it works - let's get it out there! (<i>Jan Larkin, England UK & Wendy Schaap, Netherlands</i>) 	<p>Chair: Richard Velleman</p> <ul style="list-style-type: none"> 5-Step Method, outcomes from implementation into routine practice (<i>Richard Velleman, England, UK</i>) Helping family members affected by a relatives' substance use or gambling: An evaluation study of the 5-Step Method delivered in the Netherlands (<i>Max van Beek, Netherlands</i>) The Outcomes of the 5-Step Method in a New Zealand NGO: The Value of Data to Inform Practice (<i>Pauline Stewart, New Zealand</i>)
10.00-10.30 	Coffee and Café Club		
	<ul style="list-style-type: none"> Networking 		
10:30-11.50 Keynote: in <u>the Atrium</u>	<p><u>Keynote - Round Table: 'How do we help Affected Family Members – different approaches.</u></p> <p>A chaired session: each 'expert' will speak for 5 minutes to introduce their method; then have a series of questions so that the audience can gain an understanding of pros/cons – what works for whom, or are they all the same? When is each approach best in the AFMs journey? Barriers and what they are to best implementation. Plus, key questions from the audience.</p> <p>Chair (Professor Jim Orford, England)</p> <ul style="list-style-type: none"> CRAFT (Dr Gallus Bischof, Germany) 5-Step Method (Professor Richard Velleman, England) Conjoint treatment (e.g., Varieties of couples therapy) (Professor Joel Tremblay, Canada) Peer Support (Sandra Holmes, Scotland) Invitation to Change (Dr Jeff Foote, USA- pre recorded video, introducing the method) 		
11.50-12.00	Photo Shoot		

12.00-13.00	Member Symposium & Individual Papers: two options	
Choose 1:	Symposium: Caring for children and families affected by parental drug use: what can we learn from ethnographic research and family engagement in research?: in the Atrium	Implementation, and Discussion / Ideas papers: in <u>MP.L00.223</u>
	<p>This symposium (Chaired by <i>Professor Anne Whittaker, Scotland</i>), presents findings from an ethnographic study that explored systems of care for parents who use drugs and their families in <i>England and Scotland</i>. Drawing on ethnographic data involving parents on opioid substitution therapy, we critically examine relations with their children and the wider family as well as the care provided by different services and professionals involved with the families. We start the symposium by describing our public engagement method of involving family members in the research study from the outset.</p> <ul style="list-style-type: none"> • 1: Using Learning Alliance methodology to involve family members in research: Challenges and implications (<i>Dr Hannah Carver, Scotland</i>) • 2: Exploring relations between parents who use drugs and the wider family: are the family part of the ‘problem’ or part of the ‘solution’? (<i>Dr Elaine Robinson, Scotland</i>) • 3: Examining the Whole Family Approach to providing services, contrasting the policy agenda, rhetoric, and reality. (<i>Judy Warburton, Scotland</i>) • Discussion with the audience. 	<p>Chair: <i>Gill Velleman</i></p> <ul style="list-style-type: none"> • Cooperation is key - results of the EU-project “Make the difference” (<i>Rebekka Kleinat, Germany & Sonja Basemans, Netherlands</i>) • A walkthrough of the effective interventions supporting Children of parents with a mental disorder and/or addiction (COMPI) in Rotterdam (<i>Nine de Vries & Anouk Sijbenga, Netherlands</i>) • Females affected by an intimate partner's online compulsive sexual behaviour: A case report (<i>Diana Moesgen, Germany</i>)
13.00 – 14.15 	Lunch and Café Club	
14.15 – 15.15 Keynote: in the <u>Atrium</u>	<p><u>Keynote</u> - Strategies to both raise awareness (amongst the public, policy makers, etc) of the experience of Affected Family Members, and Overcome barriers (including stigma and self-stigma) to engaging family members in support: Policy, Practice and Research</p> <p>30-minute Keynote; 15-minute Discussant; 15-minute audience discussion and questions.</p> <ul style="list-style-type: none"> • <u>Speaker:</u> <i>Dr Sheila Gilheany</i>, CEO at Alcohol Action Ireland, Ireland • <u>Discussant:</u> <i>Justina Murray</i>, CEO of Scottish Families Affected by Alcohol and Drugs, Scotland. • <u>Chair:</u> <i>Dr Gallus Bischof</i>, Germany 	
15.15-15.45 	Tea and Café Club	
	<ul style="list-style-type: none"> • Networking 	

15.45-17.15	Round-table discussion & New Ideas or Discussion papers: Two options	
Choose 1:	Round table: ‘5-Step Method, implementation challenges and successes in different countries’: in <u>the Atrium</u>	Discussion / Ideas papers: in <u>MP.L00.223</u>
	<p>Chair: <i>Richard Velleman</i></p> <p>The 5-Step Method is a way of helping Affected Family Members deal with the problems they have with the behaviour of a relative with addiction problems. This Round-Table Symposium will bring together people who have implemented the Method in different countries, and various questions about implementation will be discussed and debated. Panel members will respond to each question; and the panel will also discuss current and future developments (such as digital versions and/or on-line delivery). Key questions to be answered by Panel members include: <i>Why were you interested in this Method? What have been the successes for you in implementing it? What have been the difficulties/challenges in implementing it? Accreditation is the gold standard but what are the issues surrounding this? How has the 5-Step Method changed your practice or that of your organisation? Why was this a good thing? Have you collected data about its effectiveness? How have you developed or changed the 5-Step Method?</i></p> <p>Panel Members:</p> <p>Chair: Richard Velleman, Addictions Research Group, Sangath, Goa, <i>India</i></p> <ul style="list-style-type: none"> • Pauline Stewart, Family Drug Support Aotearoa, <i>New Zealand</i> • Jan Larkin, Turning Point, <i>England</i> • Fionnuala O'Brien, C&F Training, <i>Ireland</i> • Wendy Schaap, Jellinek, <i>Netherlands</i> • Alessandra Bassi, L'Arco Coop. Soc., Piacenza, <i>Italy</i> 	<p>Chair: <i>Tuuli Pitkanen</i></p> <ul style="list-style-type: none"> • The Psychological Toxicity of working in the gambling industry (<i>Natalie Bossi, South Africa</i>) • In favour or against the co-dependency concept: A narrative review of arguments in literature (<i>Alexis Beaulieu-Thibodeau, Canada</i>) • Boxing, health, and well-being, (<i>AnneLoes van Staa, Netherlands</i>)
17.45-18.00: in <u>the Atrium</u>	<p>Evaluation, Conference Summary, Thanks and Closing Address</p> <ul style="list-style-type: none"> • Dorine van Namen, Conference Chair & Gallus Bischof, AFINet Chair 	
19.00	For those staying on, optional dinner and networking opportunities	

Saturday 17 June: Optional Workshops, running concurrently

- Each workshop will run between 09:30 and 13:00, with one break halfway through.
- Each workshop will cost Euro 50.
- There will be a maximum number of 15 participants for the CRAFT Workshop.

Venue: Erasmus MC, Onderwijsruimte (=educational space): **Dr. Molewaterplein 40, 3015 GD Rotterdam.**

This is opposite the building where the conference takes place on Thursday and Friday.

Rooms:

- OWR-15 (Cf-222, 3rd floor/2^e verdieping)
- OWR-23 (Ff-321, 4th floor/3^e verdieping)

<p>Introduction to the 5-Step Method Tutors: 5-Step Method Accredited Trainers</p> <ul style="list-style-type: none"> • Fionnuala O’Brien & Sarah Jane Leonard & Mary Morris, Ireland <p>Room:</p> <ul style="list-style-type: none"> • OWR-15 (Cf-222, 3rd floor/2^e verdieping) 	<p>The 5-Step Method is a simple, brief, semi-structured psychosocial intervention that helps family members affected by a loved one’s problems with addiction. It is one of the few interventions that supports Affected Family Members in their own right rather than viewing them as primarily supporters for their loved one’s treatment.</p> <p>The 5-Step Method can be delivered by trained practitioners (who can be either lay people or those who already have relevant professional qualifications) and is delivered to individuals, couples or in groups.</p> <p>The Workshop will give a good understanding of the method, the evidence base, and the processes of training and accreditation; and will involve some delivered input alongside many practical and participatory exercises.</p> <p>See this website for further information. http://afinetwork.info/5-step-method-resources-introduction</p>
<p>Introduction to CRAFT (Community Reinforcement and Family Training)</p> <p>Tutor:</p> <ul style="list-style-type: none"> • Gallus Bischof, Germany <p>Room.</p> <ul style="list-style-type: none"> • OWR-23 (Ff-321, 4th floor/3^e verdieping) 	<p>Community Reinforcement and Family Training (CRAFT) is a structured intervention for concerned significant others (CSOs) of individuals with addictive disorders (the ‘Identified Patient’, IP) aiming to promote the well-being of family members and improving their coping behaviour to promote treatment entry by the IP. Among other techniques, CSOs are taught to use operant conditioning mechanisms to discourage using behaviour of the IP and to reinforce healthy, non-using behaviour.</p> <p>This Workshop will present the basic principles of CRAFT and is open to everyone working with family members affected by an addictive disorder of someone close to them</p>