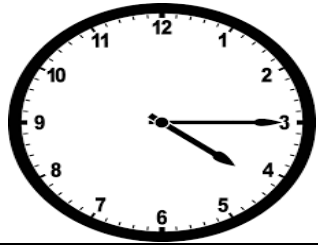


## AFINet Programme AFINet Keynote Speakers

**Thursday, 9<sup>th</sup> September 2021, 16:15-17:15 UK time**



**Other Time Zones**

08:15 am Western USA/Canada  
11:15 am Eastern Canada/USA  
12:15 pm Rio De Janeiro  
17:15 pm Western Europe  
18:15 pm Eastern Europe

**Dr Jeff Foote: *The Invitation to Change Approach - Evidence-Based Principles and Practices for Helping a Loved One Change***

This talk explores the Invitation to Change Approach (ITC), a model built to provide accessible and impactful practices to anyone in a helping role - be that a family member, peer support, or professional. Blending principles and practices found in three evidence-based approaches for supporting change, the ITC offers guidance on how to use them in a common language: not only to make helpers more effective, but also to increase their capacity and willingness to support a person struggling with substance use. The considerations that informed the development of the approach are:



*How can we guide families struggling with substance use?  
How can we help people support positive change in their loved ones?  
And how can we use science and kindness together to make a real impact on people's lives?*

**Dr Jeff Foote**, PhD, Co-Founder and Co-Executive Director of the [Center for Motivation and Change](#) (CMC) in Manhattan, New York, USA as well as [CMC:Berkshires](#), a residential treatment centre in the Berkshire Mountains of western Massachusetts, USA. Dr. Foote is a nationally recognized clinical research scientist who has received federal grant funding for his work on motivational treatment approaches and substance abuse treatment research, focused on the implementation of evidence-based treatments.

**Friday, 10<sup>th</sup> September 2021, 10:00-11:00 UK time**



**Other Time Zones**

09:00 am Cape Town / Harare  
11:00 am Western Europe  
12:00 am Eastern Europe  
17:00 pm Malaysia / Perth  
19:00 pm Sydney  
21:00 pm Auckland

**Professor Katherine Sorsdahl and Dr Chido Rwafa-Madzvamutse: *The Role of the Family in Substance Use Treatment in sub-Saharan Africa: Our past, present and proposed future***

This will examine the involvement of the family in current treatment and recovery processes in Sub-Saharan Africa, exploring the experiences and needs of family members affected by substance use, and highlighting recent research exploring family experiences and the role of the family in the development of substance use in adolescents and young adults in Zimbabwe. Major gaps, and recommendations for future research in Sub-Saharan Africa, that explore the role of the family in the prevention and treatment of substance use disorders and interventions targeted to address the needs of affected family members themselves, will be described.



**Professor Katherine Sorsdahl**, Director of the Alan J. Flisher Centre for Public Mental Health, Department of Psychiatry & Mental Health, University of Cape Town, South Africa.

Primary research areas: i) improving access and quality of care for people living with mental disorders; ii) developing and adapting evidence-based interventions for the South African context; and iii) integrating evidence-based mental health services into health systems with a focus on task sharing.



**Dr Chido Rwafa-Madzvamutse**, Consultant Psychiatrist, Zimbabwe. Chido is a Zimbabwean psychiatrist and past chair of the Zimbabwe College of Psychiatrists (2018-2020). Her recent research includes: '*Family experiences and the role of the family in the development of substance use in adolescents and young adults in Zimbabwe: a qualitative study*'.

## Other Members Papers

- **Amirul Danial Azmi (Malaysia)** - Perception of Government and religious school teachers towards adolescent drug-use in a northern state in Malaysia: A qualitative study;
- **Daniela Capitanucci (Italy)** – The psychological condition of gamblers’ affected family members (AFM) during the COVID-19 lockdown;
- **Janina Dyba (Germany)** - Parental illicit substance use in Germany: Parenting, parental distress and approaches to intervention;
- **Peter Kelly and Angela Argent (Australia)** - SMART Australia and its Family & Friends programme;
- **Nikki Kiyimba (New Zealand)** - The impact of having a family member in addiction;
- **Diana Moesgen (Germany)** - SHIFT + parent training - an intervention for mothers and fathers using illicit drugs;
- **Justina Murray (Scotland)** - Ask The Family: family perspectives on Whole Family Support and Family Inclusive Practice in Scotland;
- **Daniel O’Callaghan (Ireland)** – Drug-related deaths;
- **Oyvind Kalsaas (Norway)** - Bereaved by drug-related deaths: needs for help, received help, and predictors for high and low satisfaction with received help;
- **Jessica Roy (England)** - **Discussant** to look across both ‘parenting’ presentations (Dyba/Moesgen);
- **Judith Smith (USA)** - Mothering in later life: Older mothers and their challenging adult children;
- **Pauline Stewart (New Zealand)** – Family Drug Support (FDS) Aotearoa New Zealand: from a local to a fully national agency, and the development of the 5-Step Method within FDS;
- **Joël Tremblay (Canada)** - Addiction Research with the Family in Québec, Canada;
- **Max van Beek (Netherlands)** - Effectiveness of the 5-Step Method at Jellinek, Holland.

## Timetable Thursday, 9<sup>th</sup> September 2021

Programme	UK	Arizona/Seattle/ California/ Vancouver -8	New York/ Toronto / Quebec -5	Rio-4	Western Europe +1	Helsinki +2
<ul style="list-style-type: none"> <li>• Introduction from Dr Gallus Bischof (AFINet Chair) and Professor Richard Velleman (Conference Organiser)</li> </ul>	16.00-16.15	8:00 am	11:00 am	12 noon	17:00 pm	18:00 pm
<b>KEYNOTE 1, Jeff Foote: <i>The Invitation to Change Approach - Evidence-Based Principles and Practices for Helping a Loved One Change.</i></b>	16:15-17:15	08:15	11:15	12:15	17:15	18:15
<ul style="list-style-type: none"> <li>• Joël Tremblay: <i>Addiction Research with the Family in Québec, Canada;</i></li> <li>• Max van Beek: <i>Effectiveness of the 5-Step Method at Jellinek, Holland.</i></li> </ul>	17:20-18.00	09:20	12:20	13:20	18:20	19:20
<b>Comfort break</b>	18:00-18:15					
<ul style="list-style-type: none"> <li>• Judith Smith: <i>Mothering in later life: Older mothers and their challenging adult children;</i></li> <li>• Daniel O'Callaghan: <i>Drug-related deaths;</i></li> <li>• Oyvind Kalsaas: <i>Bereaved by drug-related deaths: needs for help, received help, and predictors for high and low satisfaction with received help.</i></li> </ul>	18.15-19.15	10:15	13:15	14:15	19:15	20:15
<b>End of 1<sup>st</sup> day summary and goodbye</b>	19:15-19:30	11:15	14:15	15:15	20:15	21:15
<b>AFINet Annual General Meeting (AGM)</b>	19:30-20:30	11:30	14:30	15:30	20:30	21:30
<b>End of Day 1</b>	20.30pm	12:30 pm	15:30 pm	16:30 pm	21:30 pm	22:30 pm

## Timetable Friday 10<sup>th</sup> September 2021

Programme	UK	Auckland +11	Sydney +9 (Darwin +8.5)	Perth / Malaysia +7	Helsinki +2	Western Europe +1	Cape Town / Harare
• Introduction to Day 2 from Dr Gallus Bischof (AFINet Chair) and Professor Richard Velleman (Conference Organiser)	08.00-08.15	19:00 pm	17:00 pm	15:00 pm	10:00 am	09:00 am	07:00 am
<ul style="list-style-type: none"> <li>• Nikki Kiyimba: <i>The impact of having a family member in addiction;</i></li> <li>• Daniela Capitanucci: <i>The psychological condition of gamblers' affected family members (AFM) during the COVID-19 lockdown.</i></li> <li>• Justina Murray - <i>Ask The Family: family perspectives on Whole Family Support and Family Inclusive Practice in Scotland'.</i></li> </ul>	08:15-09:15	19:15	17:15	15:15	10:15	09:15	07:15
<ul style="list-style-type: none"> <li>• Pauline Stewart: <i>Family Drug Support Aotearoa New Zealand: from a local to a fully national agency.</i></li> <li>• Angela Argent, Peter Kelly: <i>SMART Australia and its Family &amp; Friends programme.</i></li> <li>• Amirul Danial Azmi: <i>Perception of Government and religious school teachers towards adolescent drug-use in a northern state in Malaysia: A qualitative study.</i></li> </ul>	09.15-10.15	20:15	18:15	16:15	11:15	10:15	08:15
Comfort break	10:15-10:30						
KEYNOTE 2: Katherine Sorsdahl and Chido Rwafa-Madzvamutse: <i>The Role of the Family in Substance Use Treatment in sub-Saharan Africa: Our past, present and proposed future.</i>	10.30-11.30	21:30	19:30	17:30	12:30	11:30	09:30
<ul style="list-style-type: none"> <li>• Diana Moesgen: <i>SHIFT + parent training - an intervention for mothers and fathers using illicit drugs.</i></li> <li>• Janina Dyba: <i>Parental illicit substance use in Germany: Parenting, parental distress and approaches to intervention.</i></li> <li>• Jessica Roy: <i>Discussant, looking across both 'parenting' presentations.</i></li> </ul>	11.30-12.30	22:30	20:30	18:30	13:30	12:30	10:30
End of 2 <sup>nd</sup> day summary and of Conference	12:30-12:45	23:30	21:30	19:30	14:30	13:30	11:30
End	12.45 pm	23:45 pm	21:55 pm	19:45 pm	14:45 pm	13:45 pm	11:45 am