



**Addiction & the Family International Network (AFINet):
1st International Conference,
Friday 9th to Sunday 11th November 2018
Newcastle upon Tyne, UK**

You are very welcome to the first AFINet International Conference, we hope you find the conference enjoyable and stimulating! So that the whole conference can benefit from everyone’s presentations, the AFINet Conference organising committee decided against breaking up into parallel sessions. We also wanted to make sure that enough time was left for discussion, debate, networking and planning. As a consequence, each presenter has only been given 10 minutes to make their presentation.

PROGRAMME – Friday 9th of November. Venue: Paradiso - 1 Market Lane, Newcastle, NE1 6QQ

| Time | Session 1 |
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| 15:30-16:00 | Registration, Refreshments |
| 16.00-17.20 | <p>Policy and Practice Issues Chair: Richard Velleman</p> <p>Jim Orford (England) Do Governments recognise the needs of affected family members? First impressions from an AFINet project</p> <p>Briony Enser (England) The invisible gorilla and the unseen dimension of alcohol-related harm: Study of students’ experience of Alcohol-related collateral harm</p> <p>Jan Ligon (USA) Usefulness of a brief educational event to challenge service providers’ approaches with families affected by substance misuse and abuse</p> <p>Tuuli Pitkänen (Finland) Psychosocial wellbeing of family members reached by NGOs in the field of addictions</p> |
| 17.30-18.00 | AFINet Annual General Meeting - all welcome |
| 18.30 | Dinner |



**PROGRAMME – Saturday 10th of November. Venue: The Great Hall, Discovery Museum,
Blandford Square, Newcastle, NE1 4JA**

| Time | Session 2 |
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| 09.20-09.30 | Welcome – Jim Orford |
| 09.30-10.50 | <p>Affected Children, Affected Parents Chair: Lorna Templeton</p> <p>Anne Werner (Norway) The adult child’s quest narrative: Analysing autobiographies about growing up with parents with substance abuse problems</p> <p>Torkel Richert (Sweden) Parents to adult children with drug problems seeking support from social services – stories about shame, struggle and despair</p> <p>Candice Groenewald (South Africa) Parents experiences of living with an adolescent with a drug use problem</p> <p>Hannah Carver (Scotland) Substance use communication between looked after young people and carers</p> |
| 10.50-11.20 | Refreshments |
| 11.20-12.40 | <p>Session 3 Family Members’ Stress and Coping Chair: Tuuli Pitkänen</p> <p>Gallus Bischof (Germany) Prevalence, functioning and treatment needs of family members affected by addiction in Germany: Findings from the Burden, Expectancies, Perspectives of Addicted individuals’ Significant others (BEPAS) study</p> <p>Anja Bischof (Germany) Effects of pathological gambling and alcohol dependence on strain and coping mechanisms of family members: Findings from the BEPAS study</p> <p>Nomcebo Dlamini (South Africa) Coping with alcohol and drug misuse: Experiences of close family members in Durban</p> <p>Mélissa Côté (Canada) A new look at the coping strategies used by the partners of pathological gamblers</p> |
| 12.40-13.40 | Lunch |



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| Time | Session 4 |
| 13.40-15.00 | <p>Couples and Network Interventions Chair: Charlie Lowe</p> <p>Anne Whittaker (Scotland) Helping drug dependent parents and their children: Is Behavioural Couples Therapy (BCT) a realistic option?</p> <p>Joël Tremblay (Canada) An innovative modality for the treatment of gambling disorder: Integrative Couple Treatment for Pathological Gambling (ICT-PG)</p> <p>Karine Bertrand (Canada) Challenges in implementation of a manualised couple treatment for pathological gamblers in eight specialized centres: Clinicians' perspectives</p> <p>Paul Toner (Northern Ireland) Barriers and facilitators of including family and social network members in drug and alcohol treatment</p> |
| 15.00-15.30 | Refreshments |
| 15.30-17.00 | <p>Session 5 Online and Other Innovative Interventions Chair: Anne Whittaker</p> <p>Ursula Buchner (Germany) Self-help on the Internet for affected family members of disordered gamblers: Evaluation of a German programme</p> <p>Minna Ilva (Finland) How much does your drinking affect close others? Preliminary results from online questionnaires</p> <p>Cassandra Borges Bortolon (Brazil) Motivational intervention for family members living with a relative with a substance-related disorder</p> <p>Alessandra Bassi (Italy) Supporting gamblers' families in pacification paths: Passing through lies, manipulation and love bonds</p> <p>Diana Moesgen (Germany) SHIFT parent training: An intervention for mothers and fathers using methamphetamine</p> <p>Ronaldo Risetto (Brazil) AMOR-EXIGENTE – family group to support and help recovery</p> |
| 17.00 | Refreshments – venue TBC |
| 18.45 | Dinner – Annesas (Forster Street, Newcastle, NE1 2NH) |



**PROGRAMME – Sunday 11th of November. Venue: The Great Hall, Discovery Museum,
Blandford Square, Newcastle, NE1 4JA**

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| Time | Session 6 |
| 09.20-10.40 | <p>The 5-Step Method: Results, Dilemmas, Challenges Chair: Paul Toner</p> <p>Richard Velleman & Gill Velleman (England) What is the 5-Step Method and how has it developed?</p> <p>Gill Velleman & Richard Velleman (England) Data on the effectiveness of the 5-Step Method</p> <p>Rob Browne (Republic of Ireland) Issues and dilemmas: Aiming for self-sufficiency, quality and data collection</p> <p>Urvita Bhatia (India) Several steps towards the 5 Steps</p> |
| 10.40-11.10 | Refreshments |
| 11:10-12.10 | <p>Session 7 Addiction-related Family Bereavement Chair: Jim Orford</p> <p>Liz Ritchie (England) Gambling with lives: Families bereaved by suicide</p> <p>Michele Kearney (Scotland) Bereavement and family support</p> <p>Arts Council of Ireland film – A group of families affected by bereavement</p> |
| Time | Session 8 |
| 12.10-12.50 | <p>What Do Affected Families Want? Chair: Jim Orford</p> <p>Daniela Capitanucci (Italy) Running alone in the labyrinth or counting on a wraparound support network?</p> <p>Anne Schanche Selbekk (Norway) A problem like this is not owned by an individual: Affected family members negotiating positions in alcohol and other drug treatment</p> |
| 12.50-13.50 | Lunch |



| Time | Session 9 |
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| 13.50-15.20 | <p>What Have We Learnt? Where Does AFINet Go From Here? Next Conference?</p> <p>Chair: Gallus Bischof</p> <p>Chairs of Sessions 1 to 8 will remind us of the main conclusions drawn at the end of each session</p> <p>The conference will:</p> <ul style="list-style-type: none">• Produce a list of actions for members/delegates to work towards in the next two years• Consider formulating a media statement arising from the conference• Discuss the possibility of: a joint publication based in part on conference proceedings; a second AFINet conference: where, when, and how it might differ from Newcastle 2018? |